

There is No Such Thing as a 10-Minute Office Visit

I sat at the checkout desk in my practice last week for the first time and as always, it was a revelation. If you haven't worked your check-in and check-out desks recently, I highly recommend it. ❌

An insured patient that I checked out was shocked when I said the charge for her visit was \$100. She said, "But he was only in the room for ten minutes!" I was briefly at a loss for words. I recovered, we agreed on a payment plan, I made a note on her encounter form for the billing office and she left.

I've been thinking about our conversation, and thinking about what that \$100 is supposed to cover...

1. First, we **scheduled** the appointment, which was a work-in, so it took several people to **take the message, pull the medical record** (paper charts), **call the patient to assess the problem**, determine the need for the appointment and schedule it.
2. When the patient arrived, we checked to make sure her address and phone were the same, quickly checked her **eligibility** to make sure the insurance on file was still in force, and asked for a photo ID for **red flags**. An encounter form was generated at the nurse's station to notify her of the patient's arrival.
3. The nurse called her from the reception area, **weighed her**, and took her into an exam room to take her **vitals**, take a brief **chief complaint**, **review the medications** she is taking and check to see if she needed any chronic **medication refills** while she was there.
4. The physician came in to see her, asked about any **changes** since she'd last been seen, reviewed her **history**

of present illness and examined her. He talked to her about her illness and described a **treatment plan** for her upper respiratory infection given her chronic health problems.

5. He **prescribed a medication** for her problem, **updated her medication list** and **made a copy** for her to take with her.
6. He marked the **encounter form** with the level of service and her diagnoses and gave her the form to take to the check-out desk.
7. He **refiled the medication reconciliation** in the chart, finished **documenting the visit**, and placed the chart in the bin to be refiled. The **chart was filed**, and the **encounter form was sent to the billing office.**
8. At the billing office the **charges and any payment was posted** and the **claim was filed.** If there was no problem with the claim, it electronically passed through two scrubs and a final one at the payer.
9. If payment was not denied for any of a dozen reasons, the **payment would arrive at the billing office and would be posted.**
10. Since the patient did not pay at the check-out desk, the **patient-responsible balance is billed to the patient.** If the patient pays on the first statement, it has taken 45 to 60 days to receive complete payment. Since the patient has BCBS, there is a negotiated rate, so the payment will not even total \$100.

I know that patients often say "But he only spent 10 minutes with me." Checking back with the provider, I find it was typically longer. Patients tend to underestimate the time as it goes very fast.

The total visit encompassed the work of the phone operator, the medical records clerk, the triage nurse, the check-in person, the nurse, the doctor, the check-out person and the biller. It took 8 people, and at least 45 minutes of work to

make that appointment happen. Plus, that visit had to help pay the expenses for the rent, the utilities, malpractice insurance, medical supplies, computers, phones and janitorial services.

The practice, the patients and the overseers of healthcare want each visit to be non-rationed, safe, high-quality, error-free, holistic, pleasant, clean, accurate, efficient and reimbursable. It's what we all want. And it ain't cheap.

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